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— MONTELEON —  
LAW GROUP

## MARCH 2024 NEWSLETTER



Follow us on social media!



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## TOP STORIES



## Revocable Trust vs. Irrevocable Trust: What is the Difference?

While you may have seen the terms “revocable trust” and “irrevocable trust” before, many wonder what is the difference between the two. When it comes to creating a living trust, it is very important to understand the differences between a revocable trust and an irrevocable trust. The two are compared in further detail below.

[READ MORE](#)



## What Assets are Subject to Probate?

or invalid by the court. This process occurs whether the deceased (referred to as the decedent) had a will or did not have a will – albeit, the process is much smoother for those that have a will in comparison to those who do not.

[READ MORE](#)

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## PREVIOUS POSTS

Missed out on our past social media posts? Catch up below!



**What should you know about estate taxes?**

[CNBC](#)



## What are the seven stages of dementia?

[U.S. News](#)

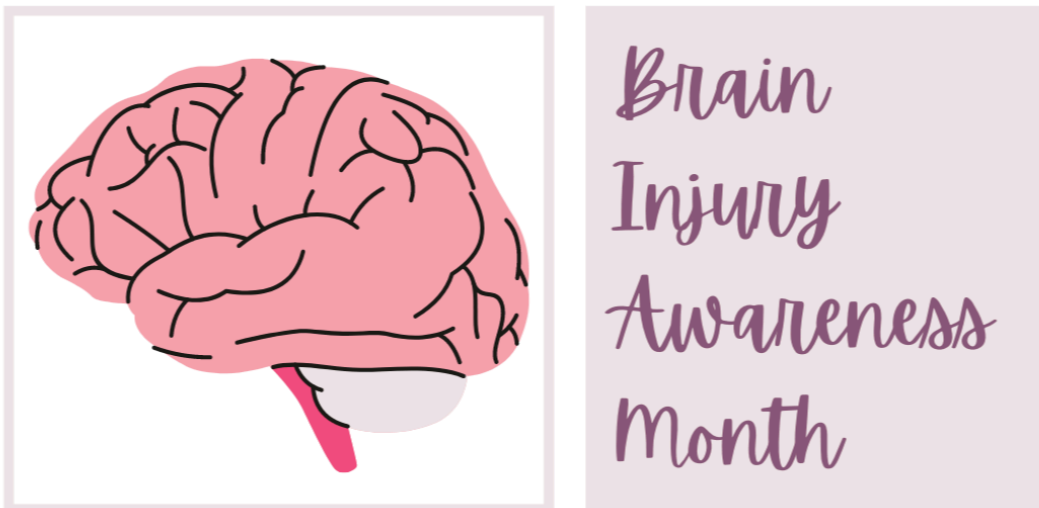


[AARP](#)

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## MARCH CELEBRATIONS!

Join us in celebrating these holidays this month and share how you observed them on our social media!



### March is Brain Injury Awareness Month!

Every March, the Brain Injury Association of America (BIAA) leads the nation in observing Brain Injury Awareness Month. This year, there are exciting new developments for the brain injury community, including a new awareness campaign, advocacy initiatives, events, fundraising opportunities, new publications, and more.

For more details and information, visit Brain Injury Association of America below!

[LEARN MORE HERE](#)



# COLOR THERAPY MONTH

MARCH 2024

## **March is Color Therapy Month!**

Color Therapy Month occurs in March each year, intending to inspire us to use colors to change our world. In the precise words of founder Eleyne-Mari, “Change your Colors...and you change your World!” So how exactly can one go about this? Well, the secret lies in an ancient practice of using color therapy to heal one’s energies. Before you dismiss this as ‘Hippie mumbo-jumbo’, take a second to think about how we all make use of different color choices to impact the way we feel. Whether it be in picking out an outfit or deciding on wall paint; on some level, we subconsciously make a decision based on how the colors affect our mood, feelings, and sensibilities. So perhaps there’s a rationale to this after all!

Visit National Today below for more info!

[LEARN MORE HERE](#)

*Daylight Savings*  
*Spring Forward*



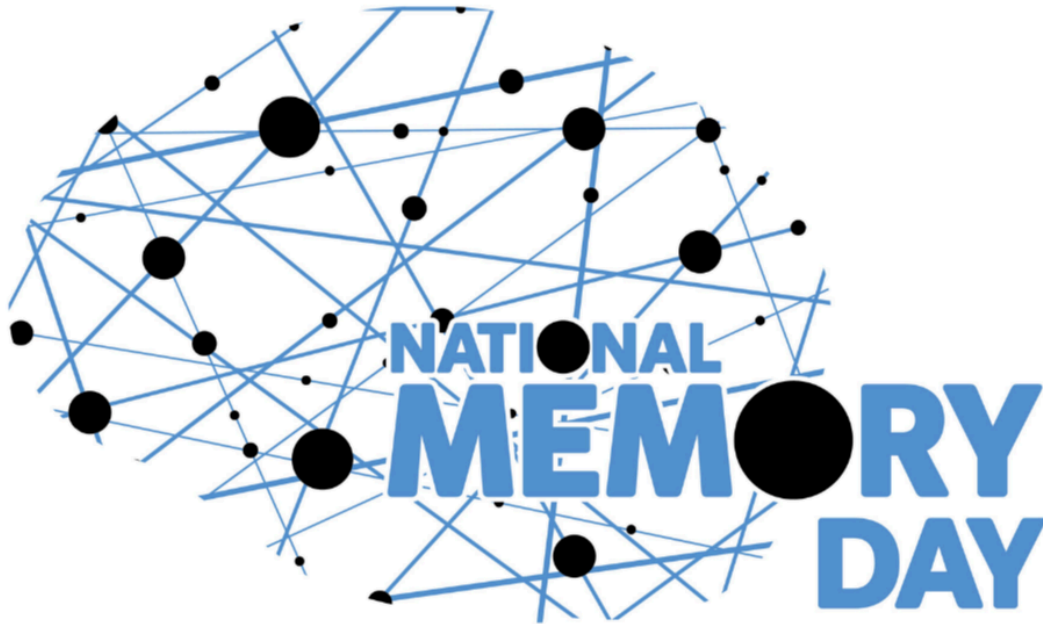
**March 10th - Daylight Savings**

Be sure to change your clocks one hour ahead!



**March 17th - Saint Patrick's Day**

Happy Saint Patrick's Day from the Monteleon Law Group!



### March 21st - National Memory Day

Memory Day takes place every year on March 21. The day celebrates the human memory and all that it can achieve. It is also a day to draw attention to the issues caused by memory loss through diseases and conditions like Alzheimer's and Dementia, which affects thousands of people. Additionally, your memory may not be as good as you think. Keeping multiple reminders and lists on your phone and notebooks, and walking into a room feeling like you forgot something are things that we all do.

Want to see how well your memory really is? Take this memory quiz below!

[MEMORY QUIZ](#)

Check out more information and details about National Memory Day from National Today!





**March 31st - Easter**

Don't worry, be hoppy!

Happy Easter from the Monteleon Law Group!

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**WE'RE MOVING!**

**The Monteleon Law Group's New Fredericksburg Office!**

*Attention All Fredericksburg Clients*

**WE'RE**  
*Moving*



We are thrilled to announce that we have officially moved into our new Fredericksburg, VA office!

Our new office will help us better serve our growing clientele in the Fredericksburg Virginia area and allow us to continue providing excellent customer service.

Need legal help? Contact us for a Free Consultation!



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