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—MONTELEON LAW—

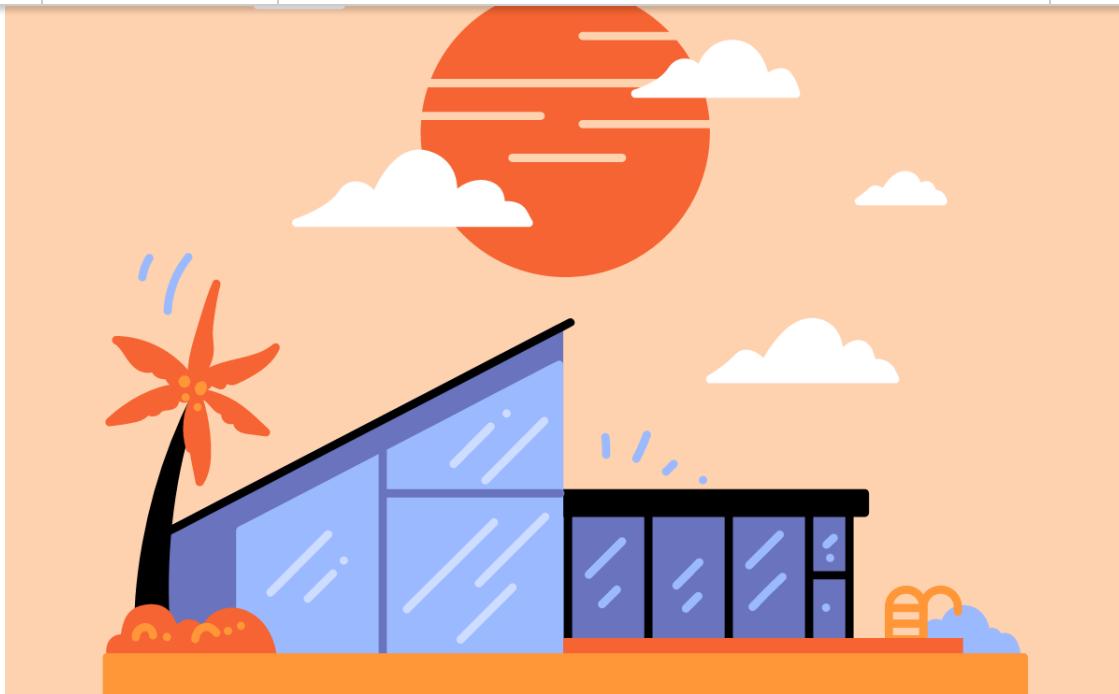
OCTOBER 2024 NEWSLETTER



Follow us on social media!



TOP STORIES



Vacation Properties and Estate Planning: What Do You Need to Know?

Leaving your house to a beneficiary is a very common scenario. However, the question arises about vacation properties: Are there any special considerations for vacation homes that differ from your primary residence? The following will examine what you need to know about leaving your vacation home to a beneficiary.

[READ MORE](#)

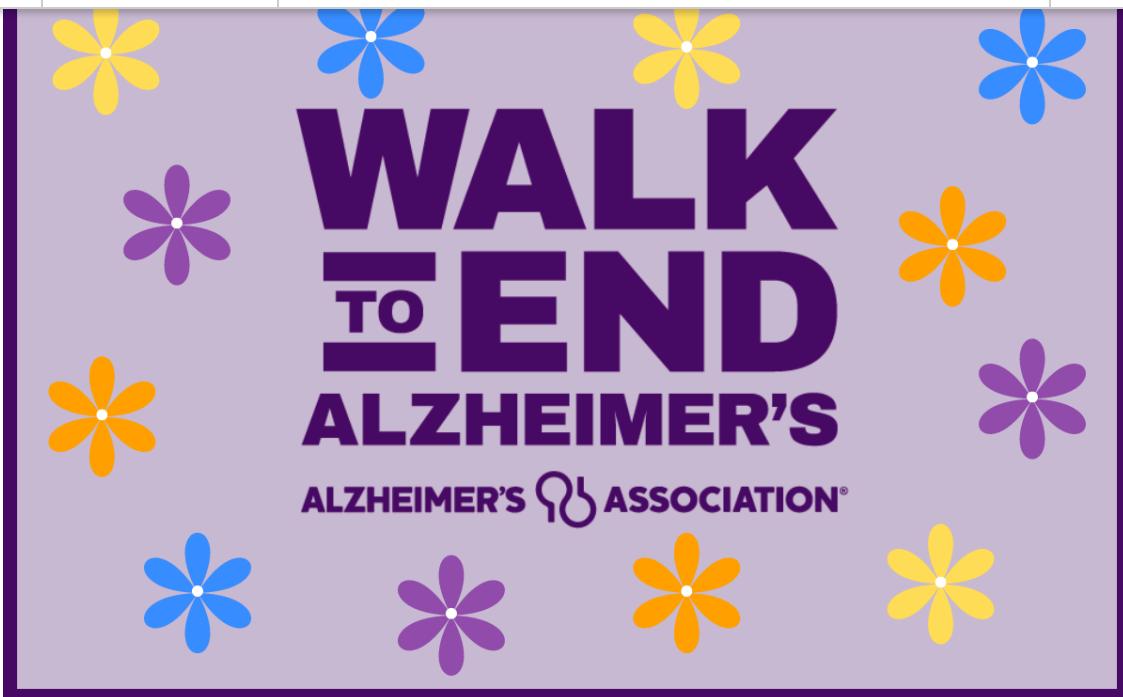


What Adjustments Should You Make to Your Estate Plan if You Get Divorced?

Going through a divorce is very often a difficult and frustrating time. While there may be many long and drawn-out processes to go through, and the entire situation may feel overwhelming, it is imperative that you don't ignore the necessary adjustments you must make to your estate plan.

[READ MORE](#)

UPCOMING EVENTS

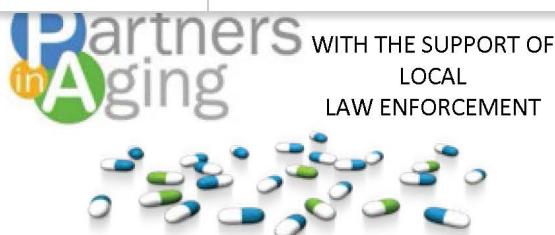


We are participating in the Alzheimer's Association Walk to End Alzheimer's for the nearly 7 million Americans living with the disease. Your support will allow the Alzheimer's Association to continue to provide 24/7 care and support while accelerating critical research.

Please join our team or support us with a donation!

[JOIN OUR TEAM](#)

[DONATE TO THE TEAM](#)



OPERATION MEDICINE CABINET

October 26, 2024

10 a.m. to 2 p.m.

Drop off your Expired or Unused Medications and Sharps!
Drive up, drop off and drive out! No questions asked.

Twelve Locations to Serve You:

CAROLINE COUNTY

Mary Washington Primary Care and Pediatrics
8051 Prosperity Way
Ruther Glen, VA 22546

Walgreens
104 West Broaddus Avenue
Bowling Green, VA 22427
NO SHARPS ACCEPTED

CITY OF FREDERICKSBURG

Fredericksburg Department Police
2200 Cowan Boulevard
Fredericksburg VA 22401
NO SHARPS ACCEPTED

Mary Washington Hospital Tompkins Martin Medical Plaza
1101 Sam Perry Boulevard
Fredericksburg, VA 22401

University of Mary Washington Bell Tower
1301 College Avenue
Fredericksburg VA 22401
NO SHARPS ACCEPTED

Wegmans
2281 Carl D. Silver Parkway
Fredericksburg, VA 22401
NO SHARPS ACCEPTED

SPOTSYLVANIA COUNTY

Chancellor's Village
12100 Chancellor's Village Lane
Fredericksburg, VA 22407
NO SHARPS ACCEPTED

Mary Washington Healthcare Emergency and Outpatient Center – Lees Hill
10401 Spotsylvania Avenue
Fredericksburg, VA 22408

CVS Courtland Commons
9767 Courthouse Road
Spotsylvania, VA 22553
NO SHARPS ACCEPTED

Spotsylvania Regional Medical Center
4600 Spotsylvania Parkway
Fredericksburg, VA 22408
NO SHARPS ACCEPTED

KING GEORGE COUNTY
Walmart/Petco Parking Lot
16375 Merchant's Lane
King George, VA 22485
NO SHARPS ACCEPTED

STAFFORD COUNTY
Stafford Hospital
101 Hospital Center Boulevard
Stafford, VA 22554



The mission of Partners in Aging is to improve the quality of life of older adults in the greater Fredericksburg area by providing access to resources and programs.

October 26th - Operation Medicine Cabinet

Attention Fredericksburg clients and friends:

Do you have expired or unused medication? If so, you can drop it off Saturday, October 26th from 10:00 am - 2:00 pm at any of these local locations

Join us in celebrating these holidays this month and share how you observed them on our social media!

International Day of Older Persons

October 1st 2024



October 1st - International Day of Older Persons

We're fortunate to have older people in our lives, whether family, friends, or acquaintances. They offer wisdom, experience, and inspiring stories, guiding us and warning us of potential dangers. Sadly, society often overlooks or ignores them. That's why the International Day of Older Persons on October 1 is so important—it reminds everyone to celebrate and seek guidance from our elders.

To learn more, visit National Today below!

[LEARN MORE HERE](#)

National Estate Planning Awareness Week

ENTER TO WIN

\$350 Credit towards your estate plan with us!

Check out our social media to learn how to participate during the week of October 21st - 27th



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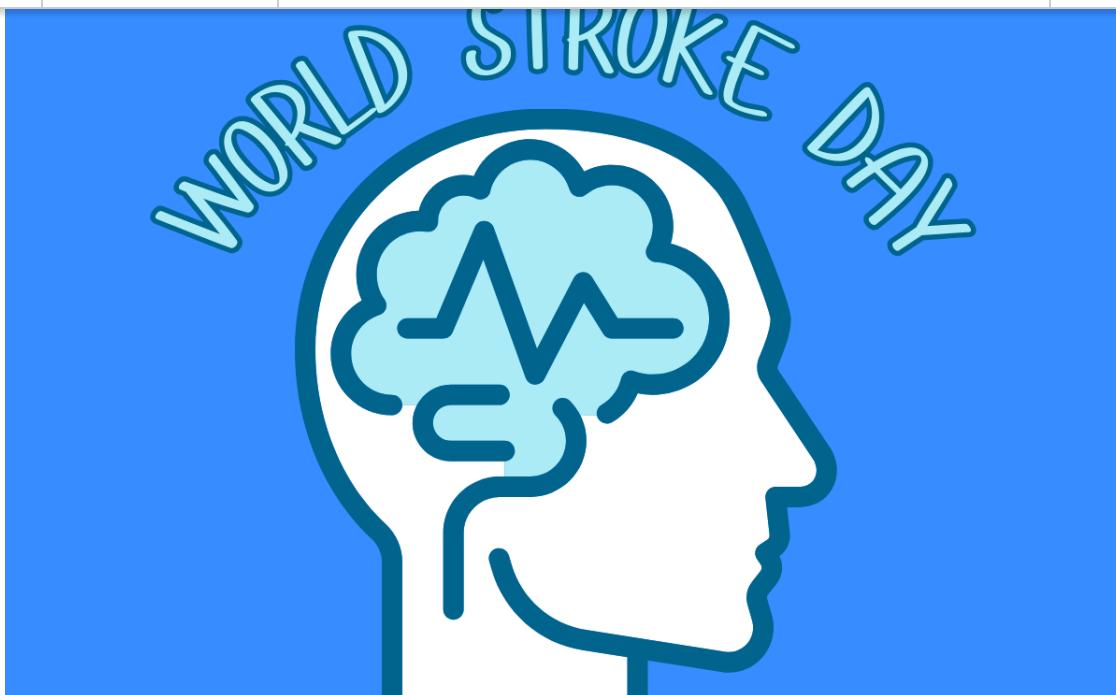
October 21 - 27 - National Estate Planning Awareness Week

National Estate Planning Awareness Week takes place during the third full week of October. Created in 2008, it helps people understand the importance of estate planning for financial health. It encourages discussions about future wishes, preventing family disputes and ensuring your decisions are respected.

In honor of this week, we have a special raffle YOU can enter to win! Check out our social media to learn how you can participate during the week of October 21st - 27th.

[INSTAGRAM](#)

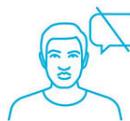
[FACEBOOK](#)



October 29th - World Stroke Day

The World Stroke Organization (WSO) reports that one in four adults will experience a stroke in their lifetime. World Stroke Day on October 29 raises global awareness about this serious condition. A stroke occurs when blood flow to the brain is interrupted, potentially causing temporary or permanent damage. While recovery is possible, many are left with disabilities, and some may not survive. This day emphasizes that strokes are preventable, and adopting a physically active lifestyle, along with proper nutrition, can significantly lower our risk. Strokes are the leading cause of disability and the second leading cause of death from disease.

B.E. F.A.S.T. To Reduce Stroke Impact

 Balance Sudden loss of balance	 Eyes Sudden loss of vision in one or both eyes	 Face Sudden facial weakness or drooping	 Arms Sudden weakness or numbness	 Speech Sudden slurred speech or difficulty speaking	 Terrible Headache Sudden onset of a severe headache
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To learn more about stroke symptoms, visit [American Stroke Association](#) below!

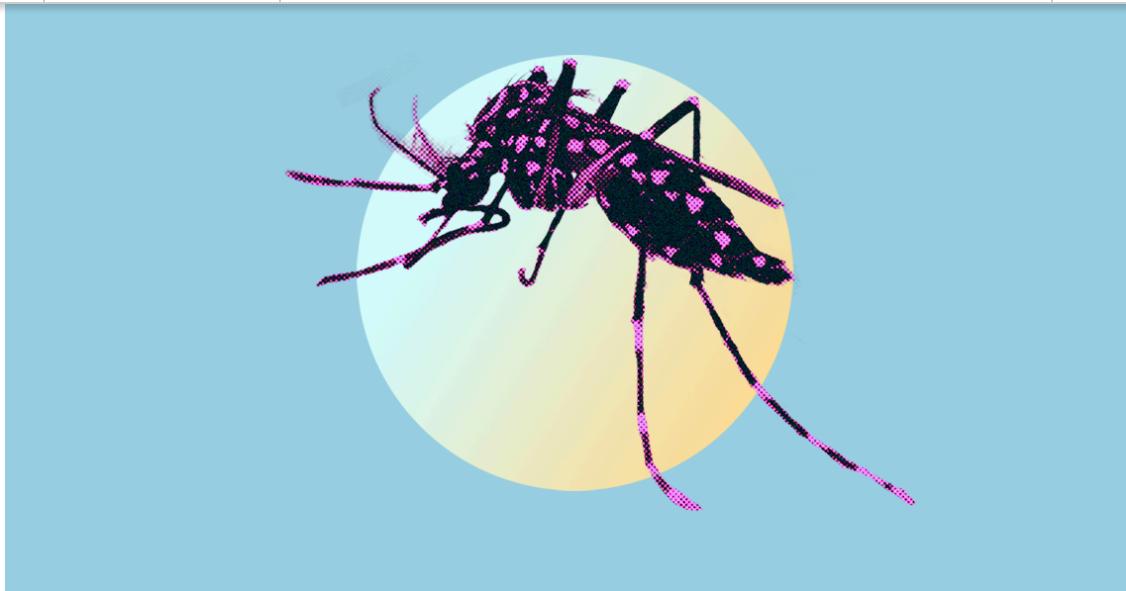


October 31st - Halloween

Happy Halloween from Monteleon Law!

PREVIOUS POSTS

Missed out on our past social media posts? Catch up below!



**Older adults can encounter severe complications as a result of West Nile Virus.
How can you best avoid falling ill?**

AARP



Understanding the link between diabetes and dementia:



What Medicare changes can you expect next year?

AARP

Need legal help? Contact us today!



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