



—MONTELEON LAW—

## ELDER EDIT NEWSLETTER

NOVEMBER 2025



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## THE FINE PRINT: ARTICLES BY MONTELEON LAW



## Spooky Estate Planning Mistakes That Can Haunt Your Family Later

Halloween season is full of fun frights — haunted houses, ghost stories, and spooky costumes. But when it comes to your estate plan, there's nothing fun about the kind of "haunting" that can happen when your legal affairs aren't in order. Whether it's an outdated will, missing documents, or lack of communication, these mistakes can cause real stress, conflict, and financial trouble for your loved ones long after you're gone.

[READ MORE](#)

## Preparing for the Fall Season of Life: How to Plan Ahead for Aging with Dignity

Autumn is a season of change — a time when we prepare for the months ahead. Just as we rake leaves and ready our homes for winter, we should also prepare for the later seasons of life. Planning for aging isn't just about finances; it's about ensuring you or your loved ones can live with comfort, security, and dignity. That's where proactive elder law and long-term care planning come in.

[READ MORE](#)

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## NOVEMBER CELEBRATIONS!

**Join us in celebrating these holidays this month and share how you observed them on our social media!**



### National Family Caregivers Month

November honors the millions of Americans who care for aging or ill loved ones. This is the perfect time to recognize their vital role in supporting families and ensuring older adults receive compassionate care. Encourage your clients to include caregiving considerations in their estate or long-term care plans—like power of attorney documents or care agreements.

Visit Caregiver Action Network for resources and support for family caregivers.

[LEARN MORE HERE](#)

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# NATIONAL ALZHEIMER'S DISEASE *Awareness Month*



## National Alzheimer's Disease Awareness Month

This month shines a light on the growing impact of Alzheimer's and other dementias on families. For those affected, early legal and financial planning is essential—covering health care proxies, guardianship, and trust management. Use this month to remind clients how proactive planning can help protect both loved ones and their wishes.

Visit [alz.org](https://www.alz.org) to learn more about Alzheimer's resources and support networks.

[LEARN MORE HERE](#)

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# Lung Cancer Awareness Month

November 2025



## Lung Cancer Awareness Month

This awareness month encourages early detection and treatment for one of the most common cancers. It's also a good reminder that health challenges can arise unexpectedly, making medical directives and advance health care planning crucial for every family.

Visit Lungevity for education, support, and screening information.

[LEARN MORE HERE](#)

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Daylight Saving  
Time Ends



### Daylight Saving Time Ends – Sunday, November 2

Don't forget to set your clocks back one hour! As we enjoy the extra morning light, it's also a great time to reset routines and settle into the cozy winter season ahead.

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**HAPPY  
VETERANS  
DAY!**





## Veterans Day – Tuesday, November 11

Today we honor the brave men and women who have served our country. Join us in expressing gratitude for their dedication, sacrifice, and commitment to protecting our freedoms.

Happy Veterans Day from Monteleon Law!

# Happy Thanksgiving

## BEYOND THE FINE PRINT

A curated mix of trusted resources, legal updates, and planning insights—plus articles and highlights you don't want to miss!

### From Around the Web

#### Caregiving in the US 2025: Caring Across States

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AARP

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Happy Thanksgiving from Monteleon Law!

#### Caregiving in the US 2025: Caring Across States

Explore key insights and practical tips on supporting family caregivers nationwide — especially as needs and resources vary from state to state.

AARP

#### Year-end financial checklist

Use this step-by-step guide to review finances, beneficiaries, and long-term planning goals before the year wraps up.

U.S. Bank

### Local Resources & Planning Support



Office for  
the Aging

### New York State Office for the Aging — Caregiver & Senior Support Programs

A valuable state directory offering respite services, caregiver resources, senior benefits programs, and long-term care planning information for New York families.

**NYS Office for the Aging**



Division of  
Rehabilitative Services

### Virginia Department for Aging & Rehabilitative Services — Family Caregiver Support

For our Virginia clients, this portal provides access to caregiver assistance programs, senior services, and planning resources to help older adults remain supported and independent.

**Virginia Department for Aging**

**Need legal help? Contact us today!**



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